



## PDO Thread Patient Aftercare

- An SPF 30 is advised to avoid post-inflammatory hyperpigmentation, especially in Fitzpatrick skin types IV-V1
- Avoid making long dental appointments for at least four weeks after the treatment because mouth opening may be restricted
- No facial massaging for two weeks after treatment
- Any blood thinning medication, herbs, Vitamin C & E should be terminated seven days before the treatment and for another seven days post treatment.
- For discomfort, paracetamol should be sufficient (ibuprofen, aspirin should be avoided)
- No alcohol should be consumed for three days post treatment
- No heat treatments for seven days post treatment
- Arnica can be taken in tablet form to aid with swelling
- Laser for skin rejuvenation or hair removal and radio frequency, cavitation treatments should be avoided for 12 weeks post treatment as the heat will cause distortion of the threads

If you have any concerns contact your practitioner as soon as possible.

The thread entry point must be kept free from body gels and facial washes  
A small plaster maybe applied to the entry points and must be removed  
when you get home.

In rare occasion if the injection site looks angry and infected please consult  
your GP for antibiotics.

Scan to website



Website

